



**Nashville HEAT 2025-26**  
**November 14-16, 2025**  
**Sheraton Music City Nashville Airport**

***Friday***

|         |                                  |
|---------|----------------------------------|
| 6:30 PM | Teen/Senior Routines             |
| 9:26 PM | Teen/Senior Routine Adjudication |

***Saturday***

|         |                                     |
|---------|-------------------------------------|
| 4:00 PM | Mini/Junior Routines                |
| 6:06 PM | Mini/Junior Routine Awards & Dinner |
| 6:47 PM | Teen/Senior Routines Cont.          |
| 9:22 PM | Teen/Senior Routine Awards          |

**Friday - November 14, 2025****TEEN/SENIOR ROUTINES - 6:30 PM - 9:26 PM**

| #  | Name                         | Spec. Division | Division | Style           | Group Size | Time |
|----|------------------------------|----------------|----------|-----------------|------------|------|
| 1  | Dirty Diana                  |                | Senior   | Jazz            | Solo       | 6:30 |
| 2  | Into The Night               |                | Teen     | Contemporary    | Solo       | 6:32 |
| 3  | Old Pine                     |                | Teen     | Contemporary    | Solo       | 6:35 |
| 4  | My Way                       |                | Senior   | Lyrical         | Solo       | 6:38 |
| 5  | Mine                         |                | Teen     | Lyrical         | Solo       | 6:41 |
| 6  | Get Up                       |                | Teen     | Hip Hop         | Solo       | 6:43 |
| 7  | Creep                        |                | Teen     | Contemporary    | Solo       | 6:46 |
| 8  | Ceilings                     |                | Senior   | Contemporary    | Solo       | 6:49 |
| 9  | Just In Time                 |                | Senior   | Tap             | Solo       | 6:52 |
| 10 | Death Wish                   |                | Senior   | Contemporary    | Solo       | 6:54 |
| 11 | Latch                        |                | Teen     | Jazz            | Solo       | 6:57 |
| 12 | Close Enough To Hurt Me      |                | Senior   | Lyrical         | Solo       | 7:00 |
| 13 | Slow Me Down                 |                | Teen     | Contemporary    | Solo       | 7:03 |
| 14 | Outro                        |                | Senior   | Contemporary    | Solo       | 7:05 |
| 15 | Little Me                    |                | Senior   | Tap             | Solo       | 7:08 |
| 16 | Menina                       |                | Senior   | Open / Mixed    | Solo       | 7:11 |
| 17 | Ashes                        |                | Teen     | Lyrical         | Solo       | 7:14 |
| 18 | Roses Turn                   |                | Senior   | Musical Theater | Solo       | 7:16 |
| 19 | This Is A Mans World         |                | Teen     | Jazz            | Solo       | 7:19 |
| 20 | Strong                       |                | Teen     | Contemporary    | Solo       | 7:22 |
| 21 | While My Guitar Gently Weeps |                | Senior   | Contemporary    | Solo       | 7:25 |
| 22 | I Like That                  |                | Teen     | Jazz Funk       | Solo       | 7:27 |
| 23 | I Thought Of You             |                | Teen     | Contemporary    | Solo       | 7:30 |
| 24 | Mr Sandman                   |                | Senior   | Contemporary    | Solo       | 7:33 |
| 25 | Wherever You Will Go         |                | Senior   | Lyrical         | Solo       | 7:36 |
| 26 | Sky Full of Song             |                | Senior   | Lyrical         | Solo       | 7:38 |
| 27 | Strategy                     |                | Teen     | Jazz            | Solo       | 7:41 |

| #  | Name                             | Spec. Division | Division | Style           | Group Size | Studio | Time |
|----|----------------------------------|----------------|----------|-----------------|------------|--------|------|
| 28 | Brave                            |                | Senior   | Lyrical         | Solo       |        | 7:44 |
| 29 | Happy Mistake                    |                | Senior   | Contemporary    | Solo       |        | 7:47 |
| 30 | To Be Honest                     |                | Senior   | Contemporary    | Solo       |        | 7:49 |
| 31 | What's This                      |                | Teen     | Musical Theater | Solo       |        | 7:52 |
| 32 | How I Make Moves                 |                | Teen     | Hip Hop         | Solo       |        | 7:55 |
| 33 | Black Horse and the Cherry Tree  |                | Senior   | Jazz            | Solo       |        | 7:58 |
| 34 | I Gotcha                         |                | Senior   | Jazz            | Solo       |        | 8:00 |
| 35 | Girls                            |                | Teen     | Contemporary    | Duo/Trio   |        | 8:03 |
| 36 | Stay                             |                | Teen     | Contemporary    | Solo       |        | 8:06 |
| 37 | Compare Contrast                 |                | Senior   | Contemporary    | Solo       |        | 8:09 |
| 38 | My New York                      |                | Senior   | Musical Theater | Solo       |        | 8:11 |
| 39 | Look At Me                       |                | Teen     | Open / Mixed    | Solo       |        | 8:14 |
| 40 | Let's Dance                      |                | Teen     | Jazz            | Solo       |        | 8:17 |
| 41 | Edge Of Seventeen                |                | Senior   | Open / Mixed    | Solo       |        | 8:20 |
| 42 | Axis                             |                | Teen     | Contemporary    | Solo       |        | 8:22 |
| 43 | Past Present Future              |                | Senior   | Contemporary    | Solo       |        | 8:25 |
| 44 | Hold Please                      |                | Teen     | Open / Mixed    | Solo       |        | 8:28 |
| 45 | Curtain Call                     |                | Teen     | Contemporary    | Solo       |        | 8:31 |
| 46 | Hit Me With A Hot Note           |                | Teen     | Jazz            | Solo       |        | 8:33 |
| 47 | Take Me Away                     |                | Senior   | Tap             | Solo       |        | 8:36 |
| 48 | Make Me Like You                 |                | Teen     | Jazz            | Solo       |        | 8:39 |
| 49 | Dead in the Water                |                | Senior   | Lyrical         | Solo       |        | 8:42 |
| 50 | I Love You                       |                | Teen     | Contemporary    | Solo       |        | 8:44 |
| 51 | Buzz                             |                | Teen     | Jazz            | Solo       |        | 8:47 |
| 52 | Black and Gold                   |                | Senior   | Jazz            | Solo       |        | 8:50 |
| 53 | Black Velvet                     |                | Senior   | Contemporary    | Solo       |        | 8:53 |
| 54 | Chemtrails Over the Country Club |                | Teen     | Lyrical         | Solo       |        | 8:55 |
| 55 | Just Say                         |                | Teen     | Contemporary    | Solo       |        | 8:58 |
| 56 | Maybe This Time                  |                | Senior   | Contemporary    | Solo       |        | 9:01 |
| 57 | Hello Earth                      |                | Teen     | Contemporary    | Solo       |        | 9:04 |
| 58 | Anxiety                          |                | Senior   | Contemporary    | Solo       |        | 9:06 |

| #                                         | Name           | Spec. Division | Division | Style        | Group Size | Studio | Time |
|-------------------------------------------|----------------|----------------|----------|--------------|------------|--------|------|
| 59                                        | Sacred         |                | Senior   | Contemporary | Solo       |        | 9:09 |
| 60                                        | Constellations |                | Teen     | Lyrical      | Solo       |        | 9:12 |
| 61                                        | Goliath        |                | Teen     | Contemporary | Solo       |        | 9:15 |
| 62                                        | Apres Un Reve  |                | Teen     | Contemporary | Solo       |        | 9:17 |
| 63                                        | Falling        |                | Senior   | Jazz         | Solo       |        | 9:20 |
| 64                                        | TBD            |                | Senior   | Contemporary | Solo       |        | 9:23 |
| Teen/Senior Routine Adjudication: 9:26 PM |                |                |          |              |            |        |      |

**Saturday - November 15, 2025****MINI/JUNIOR ROUTINES - 4:00 PM - 6:06 PM**

| #  | Name                           | Spec. Division | Division | Style              | Group Size | Time |
|----|--------------------------------|----------------|----------|--------------------|------------|------|
| 65 | Are You With Me                |                | Junior   | Lyrical            | Duo/Trio   | 4:00 |
| 66 | Do You Believe<br>In Magic     |                | Junior   | Lyrical            | Solo       | 4:02 |
| 67 | Funky Music                    |                | Junior   | Jazz               | Solo       | 4:05 |
| 68 | All I Want                     |                | Mini     | Lyrical            | Solo       | 4:08 |
| 69 | Angels On The<br>Moon          |                | Junior   | Lyrical            | Solo       | 4:11 |
| 70 | Honey Bun                      |                | Mini     | Musical<br>Theater | Solo       | 4:13 |
| 71 | Run For Cover                  |                | Junior   | Hip Hop            | Solo       | 4:16 |
| 72 | Wide Awake                     |                | Junior   | Lyrical            | Solo       | 4:19 |
| 73 | Rescue Me                      |                | Mini     | Jazz               | Solo       | 4:22 |
| 74 | Tick Tock Boom                 |                | Mini     | Hip Hop            | Solo       | 4:24 |
| 75 | Greased Lightnin'              |                | Mini     | Musical<br>Theater | Solo       | 4:27 |
| 76 | Peter                          |                | Junior   | Contemporary       | Solo       | 4:30 |
| 77 | Confident                      |                | Junior   | Jazz               | Solo       | 4:33 |
| 78 | You Say                        |                | Mini     | Lyrical            | Solo       | 4:35 |
| 79 | Have You Ever<br>Seen The Rain |                | Junior   | Lyrical            | Solo       | 4:38 |
| 80 | Do What I Do                   |                | Junior   | Jazz               | Solo       | 4:41 |
| 81 | Let's Go                       |                | Junior   | Jazz               | Solo       | 4:44 |
| 82 | Tomorrow                       |                | Mini     | Lyrical            | Solo       | 4:46 |
| 83 | I Will Survive                 |                | Junior   | Jazz               | Solo       | 4:49 |
| 84 | I'm So Hot                     |                | Mini     | Jazz               | Solo       | 4:52 |
| 85 | Oh So Quiet                    |                | Junior   | Musical<br>Theater | Solo       | 4:55 |
| 86 | Always On Time                 |                | Mini     | Lyrical            | Solo       | 4:57 |
| 87 | Grown Up Like<br>Me            |                | Mini     | Musical<br>Theater | Duo/Trio   | 5:00 |
| 88 | Dancing Queen                  |                | Junior   | Jazz               | Solo       | 5:03 |
| 89 | You're Gonna Be<br>Okay        |                | Junior   | Lyrical            | Solo       | 5:06 |

| #   | Name                       | Spec. Division | Division | Style           | Group Size | Studio | Time |
|-----|----------------------------|----------------|----------|-----------------|------------|--------|------|
| 90  | Love Into A Weapon         |                | Junior   | Contemporary    | Solo       |        | 5:08 |
| 91  | Move With Me               |                | Junior   | Jazz            | Solo       |        | 5:11 |
| 92  | Hometown Glory             |                | Junior   | Contemporary    | Solo       |        | 5:14 |
| 93  | I'm Not Here               |                | Junior   | Contemporary    | Solo       |        | 5:17 |
| 94  | Bambino                    |                | Junior   | Contemporary    | Solo       |        | 5:19 |
| 95  | Fly                        |                | Junior   | Lyrical         | Solo       |        | 5:22 |
| 96  | I Like Danny               |                | Junior   | Musical Theater | Solo       |        | 5:25 |
| 97  | Diamonds                   |                | Mini     | Jazz            | Solo       |        | 5:28 |
| 98  | A Little Party             |                | Junior   | Open / Mixed    | Solo       |        | 5:30 |
| 99  | Lip Gloss                  |                | Junior   | Hip Hop         | Solo       |        | 5:33 |
| 100 | Animal Lover               |                | Junior   | Musical Theater | Solo       |        | 5:36 |
| 101 | I Gotcha                   |                | Junior   | Musical Theater | Solo       |        | 5:39 |
| 102 | Wind It Up                 |                | Junior   | Jazz            | Solo       |        | 5:41 |
| 103 | Killin It Girl             |                | Junior   | Hip Hop         | Solo       |        | 5:44 |
| 104 | The Truth                  |                | Mini     | Lyrical         | Solo       |        | 5:47 |
| 105 | Elastic Heart              |                | Junior   | Lyrical         | Solo       |        | 5:50 |
| 106 | Somewhere over the Rainbow |                | Junior   | Lyrical         | Solo       |        | 5:52 |
| 107 | Vienna                     |                | Junior   | Contemporary    | Solo       |        | 5:55 |
| 108 | Body Hazard                |                | Junior   | Contemporary    | Solo       |        | 5:58 |
| 109 | You and Me (But Mostly Me) |                | Junior   | Musical Theater | Duo/Trio   |        | 6:01 |
| 110 | Sea Cruise                 |                | Junior   | Jazz            | Solo       |        | 6:03 |

### Mini/Junior Routine Awards & Dinner: 6:06 PM

### TEEN/SENIOR ROUTINES CONT. - 6:47 PM - 9:22 PM

| #   | Name            | Spec. Division | Division | Style        | Group Size  | Time |
|-----|-----------------|----------------|----------|--------------|-------------|------|
| 111 | Jazz Funeral    |                | Teen     | Open / Mixed | Production  | 6:47 |
| 112 | Echoes of Power |                | Senior   | Contemporary | Solo        | 6:52 |
| 113 | I Have Nobody   |                | Teen     | Open / Mixed | Solo        | 6:55 |
| 114 | Black Hole Sun  |                | Teen     | Contemporary | Solo        | 6:58 |
| 115 | Gravity         |                | Senior   | Contemporary | Solo        | 7:01 |
| 116 | Hey Mr Dj       |                | Senior   | Hip Hop      | Large Group | 7:03 |
| 117 | Eternity        |                | Senior   | Contemporary | Solo        | 7:08 |

| #              | Name                            | Spec. Division | Division        | Style                   | Group Size      | Studio | Time            |
|----------------|---------------------------------|----------------|-----------------|-------------------------|-----------------|--------|-----------------|
| 118            | Blue Bayou                      |                | Teen            | Open / Mixed            | Solo            |        | 7:10            |
| 119            | Only You                        |                | Teen            | Contemporary            | Small Group     |        | 7:13            |
| 120            | Piece by Piece                  |                | Teen            | Lyrical                 | Solo            |        | 7:16            |
| 121            | Holla                           |                | Senior          | Hip Hop                 | Solo            |        | 7:19            |
| 122            | Breathe                         |                | Senior          | Contemporary            | Solo            |        | 7:22            |
| 123            | Things My Father Said           |                | Teen            | Contemporary            | Solo            |        | 7:25            |
| 124            | Detention                       |                | Senior          | Hip Hop                 | Large Group     |        | 7:27            |
| 125            | Bounce                          |                | Senior          | Hip Hop                 | Solo            |        | 7:32            |
| 126            | Rhapsody In You                 |                | Senior          | Contemporary            | Solo            |        | 7:34            |
| 127            | Castle                          |                | Teen            | Jazz                    | Solo            |        | 7:37            |
| 128            | As I Lay Down                   |                | Senior          | Contemporary            | Solo            |        | 7:40            |
| 129            | Money                           |                | Teen            | Musical Theater         | Solo            |        | 7:43            |
| 130            | Butterflies                     |                | Teen            | Lyrical                 | Solo            |        | 7:45            |
| 131            | I Get A Kick Out Of You         |                | Senior          | Tap                     | Solo            |        | 7:48            |
| 132            | All For Love                    |                | Senior          | Contemporary            | Solo            |        | 7:51            |
| 133            | Stompin At The Savoy            |                | Senior          | Tap                     | Small Group     |        | 7:54            |
| 134            | Everywhere                      |                | Senior          | Contemporary            | Duo/Trio        |        | 7:57            |
| 135            | Use Me                          |                | Senior          | Jazz                    | Solo            |        | 8:00            |
| 136            | River                           |                | Teen            | Contemporary            | Solo            |        | 8:02            |
| 137            | Time to Say Goodbye             |                | Teen            | Lyrical                 | Duo/Trio        |        | 8:05            |
| <del>138</del> | <del>Suitcase of Memories</del> |                | <del>Teen</del> | <del>Contemporary</del> | <del>Solo</del> |        | <del>8:08</del> |
| 139            | About That Walk                 |                | Senior          | Jazz                    | Small Group     |        | 8:08            |
| 140            | Variable                        |                | Senior          | Open / Mixed            | Solo            |        | 8:11            |
| 141            | I'm Good                        |                | Senior          | Hip Hop                 | Small Group     |        | 8:14            |
| 142            | Poison & Wine                   |                | Senior          | Contemporary            | Small Group     |        | 8:17            |
| 143            | Birthday Cake                   |                | Teen            | Lyrical                 | Solo            |        | 8:20            |
| 144            | Running                         |                | Teen            | Contemporary            | Solo            |        | 8:23            |
| 145            | Sweet Dreams                    |                | Teen            | Contemporary            | Solo            |        | 8:26            |
| 146            | Succession                      |                | Teen            | Open / Mixed            | Solo            |        | 8:29            |
| 147            | Knock on Wood                   |                | Teen            | Jazz                    | Solo            |        | 8:31            |

| #   | Name                        | Spec. Division | Division | Style           | Group Size  | Studio | Time |
|-----|-----------------------------|----------------|----------|-----------------|-------------|--------|------|
| 148 | Broken Remnants             |                | Teen     | Contemporary    | Large Group |        | 8:34 |
| 149 | Say My Name                 |                | Senior   | Contemporary    | Small Group |        | 8:38 |
| 150 | She Loves To Hear The Music |                | Senior   | Musical Theater | Solo        |        | 8:42 |
| 151 | Ordinary                    |                | Teen     | Contemporary    | Solo        |        | 8:44 |
| 152 | Voila                       |                | Teen     | Lyrical         | Solo        |        | 8:47 |
| 153 | American Gold               |                | Teen     | Contemporary    | Duo/Trio    |        | 8:50 |
| 154 | Forrest Gump                |                | Senior   | Lyrical         | Small Group |        | 8:53 |
| 155 | I'm Here                    |                | Senior   | Lyrical         | Solo        |        | 8:56 |
| 156 | Over The Love               |                | Senior   | Contemporary    | Solo        |        | 8:59 |
| 157 | Wanna Be Here               |                | Senior   | Contemporary    | Solo        |        | 9:01 |
| 158 | UFO                         |                | Teen     | Contemporary    | Solo        |        | 9:04 |
| 159 | Forgive Me                  |                | Senior   | Contemporary    | Solo        |        | 9:07 |
| 160 | Takes It All                |                | Senior   | Lyrical         | Solo        |        | 9:10 |
| 161 | The Love I Felt             |                | Teen     | Lyrical         | Solo        |        | 9:12 |
| 162 | Bitter                      |                | Senior   | Contemporary    | Solo        |        | 9:15 |
| 163 | Together                    |                | Senior   | Open / Mixed    | Large Group |        | 9:18 |

**Teen/Senior Routine Awards: 9:22 PM**